



presents

ART Eden

Create Connect Rejuvenate

Come, immerse yourself in nature, allow the land to rejuvenate, inspire and encourage your creativity to flow.

All ages All abilities

Time to work on your own projects, specialized workshops for you to explore new mediums or hone your skills.



SATURDAY 26TH NOVEMBER 2022 Ark Eden, Mui Wo, Lantau



Programme includes:

- Botanical Craft and Painting
- Nature Macro Photography
- Soy Candle Making
- DrumJam
- ArtJams
- Nourishing vegan lunch

Full Retreat Package: \$1,800
includes all workshops, food

Individual Workshop
Packages available from \$150

www.arkedenonlantau.org/workshops



Saturday 26th November

Ark Eden, Mui Wo, Lantau

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9:00AM	Art Space Opens. Whole Day access (access to the creative spaces around the site for the whole day, including mindful location-based creativity prompts Ages 10+)	\$150
10:00AM	Workshop: Nature Macro Photography with Sasha (If you are interested in learning how to start shooting close-up photos of Hong Kong's wildlife, then this is the workshop for you! From phone camera to fully rigged DSLR cameras, lots of hints and tips, followed by some hands-on field experience to put all the theory into practice! Ages 8+)	\$250
11:30AM	Workshop: Expressive Natural Art with Vera (Release your emotions and create an abstract art piece with your inner power! Settle into the moment through an active meditation session. Search within the natural environment, then paint a masterpiece with found materials to reflect your experience. Ages 8+)	\$250
1:00PM	LUNCH: Nourishing Vegan Food provided by Novy's Kitchen	\$200
2:00PM	Workshop: Botanical Craft and Painting with Sally (Explore botanical subjects and practice different artist skills under the guidance of local botanical artist, Sally Grace Bunker, Society of Botanical Artists Fellow (2018) Ages 7+)	\$450
4:00PM	Workshop: Soy Candle Making with Danielle (Craft your very own citronella lunar moon candle using 100% natural raw materials! Blending essential oils and getting crafty with gold flake to create something out of this world! Ages 8+)	\$350
5:30PM	Workshop: DrumJam with Kumi (A fun-filled music-making experience. With rhythm games, sing-along songs, and body percussion creating rhythmic harmony among the trees. All Ages)	\$200

ArtJams for children

Social, nature-based art sessions for children, guided by Ark Eden leaders. An opportunity for children to connect with nature through artistic mediums

3-5 year olds

AM session: 10AM-12:45PM: \$300

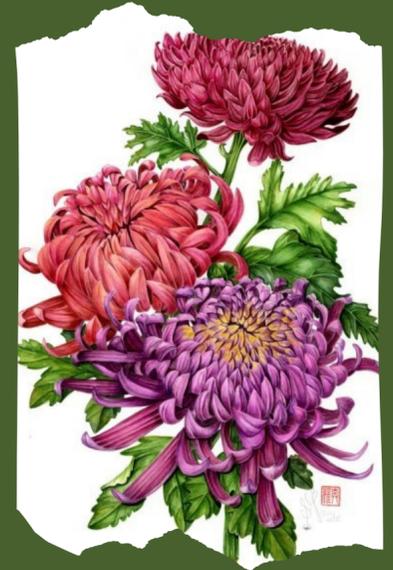
6-10 year olds

PM session: 2PM-5:45PM: \$400

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Sally Grace Bunker

Local artist Sally Grace Bunker grew up in Kent in UK, exploring and playing in orchards and fields, which kindled her interest in botanical subjects.

Self-taught until 2003, she then took a botanical art course in UK, then the London School of Botanical Art course (2008), achieving a Merit, and was nominated Student of the Year. She then took the UK Society of Botanical Artists distance-learning course, passing with Distinction in 2012, and being made a Fellow in 2018.

Sally worked along with HK University for 7 years on the book "Portraits of Trees of Hong Kong and Southern China", which combines being a fine-art book, a scientific textbook, and a readable insight to the amazing beauty and biodiversity here in HK. Sally continues to study and paint local flora.

More information on her website: www.leafy.hk



Vera Chiu

Vera Chiu is an artist, writer and educator with an MA in Visual Cultural Studies and more than 10 years of experience in teaching graffiti, abstract art, and upcycling art... privately, in schools, and organisations.

She enjoys the exploration of the urban environment, arts of all kinds and music that speaks to the soul. Her love for culture led her to many adventures around the world. She conveys her observations through art, writing and teaching.

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Sasha Haldane

Sasha started photographing arthropods 2 ½ years ago – starting with an iPhone, moving to an Olympus TG6 and then to an EM DSLR camera. Her favourite subjects are jumping spiders, but she is fascinated by everything she sees, and she has embraced learning everything she can about our local fauna. She also is a tour guide at the HK Biodiversity Museum located at HKU and loves the opportunity to talk to people about our amazing natural world. To see more of her photos check out her Instagram: haldanesasha



Danielle of Craft Junk Garden

Craft Junk Garden is a natural outdoor garden space in the heart of Mui Wo, with sustainable woodcraft and forest school workshops hosted by founder Danielle.



Lunch provided by Novy's Kitchen

Authentic vegetarian Indonesian home cooked cuisine. Made with love by Mui Wo based chef, Novy.